



**by Rev. Chad S. Fisher**

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# INTRODUCTION

A great promise of scripture is that **Jesus Christ is the same yesterday, and today, and forever – Hebrews 13:8.**

The Bible records that Jesus went about and healed the sick, cleansed the lepers, raised the dead, forgave sinners, and delivered those who were oppressed. The Bible gives an account that every one that came to Jesus looking to be healed received.

As Hebrews points out, Jesus is the same today as He was in New Testament times, and He will continue to be the same tomorrow. He has not changed. His power is the same. His love and compassion towards us have not changed. His desire to save, heal, and deliver is the same. Whatever Jesus did for the people when He walked the earth, He will do for us today.

Jesus said, **“I am come that they might have life, and that they might have it more abundantly” - John 10:10b.** This life He spoke about includes natural and physical life to our bodies.

## A BIBLICAL FOUNDATION FOR HEALING

The Bible is the foundation upon which everything we believe is established. This is for every area of our life, including the health of our minds and bodies.

**2 Timothy 3:16-17 - All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works.**

To understand what the Bible says about healing, we need to know from scripture what Jesus accomplished, and why and how it all came about.

## THE ORIGIN OF SICKNESS AND THE CURSE

Sickness and disease came as a result of what happened in the Garden of Eden. God commanded Adam, **“But of the tree of the knowledge of good and evil, thou shalt**

**not eat of it: for in the day that thou eatest thereof thou shalt surely die” – Genesis 2:17.**

Adam and Eve were permitted to eat fruit from all the trees in the Garden of Eden except from tree of the knowledge of good and evil. This was the only law that God commanded Adam to live by. Just as in our natural world, there are consequences to breaking the law that God gives. And God warned Adam that if he disobeyed God, the curse of spiritual death, separation from God, and physical death would result.

In reading, **Genesis 3:22-24**, it tells us that Adam did disobey God, and was driven from the Garden. Man became the slave of sin and death. Sin and the curse of it entered the world through Adam.

**Romans 5:12 - Wherefore, as by one man (*Adam*) sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:**

The spiritual and physical nature of Adam was changed, and as a result, the sinful nature, and the consequences were passed on to all mankind. Humanity was cursed because Adam disobeyed the law.

It's essential to recognize that we are all born as lawbreakers. We all descend from Adam and therefore are born with this sinful nature. The Bible makes this very clear in other verses.

**Romans 3:23 - For all have sinned and come short of the glory of God**

**Ecclesiastes 7:20 - For there is not a righteous man on earth who only does good and refrains from sin.**

We have all broken the law of God; we are not righteous in and of ourselves, we come short of that which God calls us to. Therefore, we are all in a place where the curse of the law is upon us.

## **JESUS, THE REMEDY**

The good news is that Jesus came to remedy and restore that which Adam lost. A verse in Romans highlights what Jesus came to do. **For as by one man's (*Adam*) disobedience many were made sinners, so by the obedience of one (*Jesus*) shall many be made righteous. – Romans 5:19**

Jesus came and fulfilled the law and, in doing so, paid the price for mankind to be made free from the curse and once again be in relationship with God and receive His favor.

**Galatians 3:13-14 - Christ hath redeemed (*paid for our freedom*) us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith.**

When Jesus went to the cross, there was a supernatural legal transaction that took place. That which was lost, that which was dead, that which was cursed was purchased by the activities of Christ on the cross.

**Titus 2:14 - (*Jesus Christ*) who gave Himself for us, that He might redeem (*purchase our freedom*) us from all iniquity, and purify unto Himself a peculiar people, zealous of good works.**

## **HEALING IS INCLUDED**

The foundation for our healing comes out of what we have just looked at. Spiritual death and physical death are a result of the curse of the law, but so is any form of sickness or disease.

In Deuteronomy, it reveals that sickness and disease are a result of the curse, which comes because of sin.

**Deuteronomy 28:58-61 - If thou wilt not observe to do all the words of this law that are written in this book, that thou mayest fear this glorious and fearful name, The Lord Thy God; then the Lord will make thy plagues wonderful, and the plagues of thy seed, even great plagues, and of long continuance, and sore sicknesses, and of long continuance. Moreover he will bring upon thee all the diseases of Egypt, which thou wast afraid of; and they shall cleave unto thee. Also every sickness, and every plague, which is not written in the book of this law, them will the Lord bring upon thee, until thou be destroyed.**

Sickness is a curse for breaking God's law. Sickness and disease are not normal. They were not part of the original creation. It is not because we live in a world where our bodies get worn down or become old. That comes about because, just like death, sickness is a curse.

Through the fall, humanity lost everything, including health (physical, mental, emotional). Every affliction that attaches itself to us, to bring pain and destruction is as a result of the curse of the law. This also includes emotional and mental sickness.

Yet, Jesus was anointed and called to bring freedom; to bring healing.

**Luke 4:18 - The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,**

It says in **Acts 10:38 - How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.**

There is a close connection between sin and sickness, just as there is a close intimate connection between the body and the soul. Sin in the soul causes sickness in the body. That is not to suggest that everyone who is sick has committed some horrible sin, and now are being judged with sickness. What this is saying is everyone has been born into sin, and that is the root cause for sickness.

It is important to recognize that because there is such an intimate relationship between sin and sickness, the only remedy for sickness is found in the cure for sin.

Looking back at **Galatians 3:13**, it says that - **Christ has redeemed** (*purchased our freedom*) **us from the curse** (*every curse, there is no qualification*) **of the law by being made a curse for us.**

The work of the cross is not partial but complete and whole. Since Jesus has redeemed us from the curse of the law, and sickness is part of the curse, Christ has redeemed us from sickness.

Healing is part of our inheritance. It belongs to us just as much as the forgiveness of sins. It belongs to us because it has been provided for us by Jesus Christ.

Isaiah foretold of what Jesus would accomplish when he wrote; **He was despised and rejected of men, a man of sorrows and acquainted with grief. And we hid, as it were, our faces from him; he was despised, and we did not esteem him. Surely he has borne our grief and carried our sorrows; Yet we esteemed him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was**

**bruised for our iniquities; the chastisement of our peace was upon him, and by his stripes we are healed. - Isaiah 53:3-5**

Many take this passage to speak only of our spiritual state and that it doesn't relate to our physical bodies. Yet verse 4 directly translated from the Hebrew reads, "*Surely, he has borne our sickness, and carried our pains.*"

Matthew confirms this when he writes, **That it might be fulfilled which was spoken by Esaias (Isaiah) the prophet, saying, Himself took our infirmities, and bare our sicknesses. - Matthew 8:17**

Jesus provided deliverance from sin and sickness for us when He purchased our redemption on the cross.

Therefore, if I can believe that God laid my iniquities (sin) on Jesus, and as a result of Christ carrying my iniquities, I am now free from condemnation, and I have salvation, then I can also believe what the passage says about sickness. Which is, that God laid my sickness and disease on Jesus, that Jesus has carried it, so I don't have to carry it. He paid the price, so I am now free from condemnation, I am free from the curse, and by His stripes I am healed. Healing belongs to us as forgiveness of sin, and salvation belongs to us.

## **RECEIVING BY FAITH**

Just as salvation is only received by faith, healing can only be received by faith. It cannot be earned or worked for.

**Ephesians 2:8-9 - For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.**

# VERSES ABOUT HEALING

*Our hope rests in God's Word. To continue to build our faith, we need to hear the Word of God continually. Regularly read the following verses on healing out loud and allow faith to be built in your life for the health and strength of your body.*

**Exodus 15:26** - And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.

**Numbers 21:7-9** - Therefore the people came to Moses, and said, We have sinned, for we have spoken against the Lord, and against thee; pray unto the Lord, that he take away the serpents from us. And Moses prayed for the people. And the Lord said unto Moses, Make thee a fiery serpent, and set it upon a pole: and it shall come to pass, that every one that is bitten, when he looketh upon it, shall live. And Moses made a serpent of brass, and put it upon a pole, and it came to pass, that if a serpent had bitten any man, when he beheld the serpent of brass, he lived.

**2 Chronicles 7:14** - If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

**2 Chronicles 30:20** - And the LORD hearkened to Hezekiah, and healed the people.

**Psalms 6:2** - Have mercy upon me, O LORD; for I am weak: O LORD, heal me; for my bones are vexed.

**Psalms 30:2** - O LORD my God, I cried unto thee, and thou hast healed me.

**Psalms 103:1-5** - Bless the LORD, O my soul: and all that is within me, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Who redeemeth thy life from destruction; who

crowneth thee with lovingkindness and tender mercies; Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.

**Psalm 107:20** - He sent his word, and healed them, and delivered them from their destructions.

**Psalm 147:3** - He healeth the broken in heart, and bindeth up their wounds.

**Proverbs 4:20-22** - My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh.

**Proverbs 12:18** - There is that speaketh like the piercings of a sword: but the tongue of the wise is health.

**Proverbs 13:17** - A wicked messenger falleth into mischief: but a faithful ambassador is health.

**Proverbs 16:24** - Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.

**Isaiah 53:3-5** - He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not. Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.

**Jeremiah 17:14** - Heal me, O LORD, and I shall be healed; save me, and I shall be saved: for thou art my praise.

**Matthew 4:23-24** - And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people. And his fame went throughout all Syria: and they brought

unto him all sick people that were taken with divers diseases and torments, and those which were possessed with devils, and those which were lunatick, and those that had the palsy; and he healed them.

**Matthew 8:14-15** - And when Jesus was come into Peter's house, he saw his wife's mother laid, and sick of a fever. And he touched her hand, and the fever left her: and she arose, and ministered unto them.

**Matthew 8:5-13** - And when Jesus was entered into Capernaum, there came unto him a centurion, beseeching him, and saying, Lord, my servant lieth at home sick of the palsy, grievously tormented. And Jesus saith unto him, I will come and heal him. The centurion answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed. For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it. When Jesus heard it, he marvelled, and said to them that followed, Verily I say unto you, I have not found so great faith, no, not in Israel. And I say unto you, That many shall come from the east and west, and shall sit down with Abraham, and Isaac, and Jacob, in the kingdom of heaven. But the children of the kingdom shall be cast out into outer darkness: there shall be weeping and gnashing of teeth. And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour.

**Matthew 8:16-17** - When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and healed all that were sick: That it might be fulfilled which was spoken by Esaias (Isaiah) the prophet, saying, Himself took our infirmities, and bare our sicknesses.

**Matthew 9:35** - And Jesus went about all the cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

**Matthew 10:1** - And when he had called unto him his twelve disciples, he gave them power against unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.

**Matthew 10:8** - Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

**Matthew 12:15** - But when Jesus knew it, he withdrew himself from thence: and great multitudes followed him, and he healed them all;

**Matthew 12:22** - Then was brought unto him one possessed with a devil, blind, and dumb: and he healed him, insomuch that the blind and dumb both spake and saw.

**Matthew 14:14** - And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

**Matthew 15:22-28** - And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil. But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us. But he answered and said, I am not sent but unto the lost sheep of the house of Israel. Then came she and worshipped him, saying, Lord, help me. But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their masters' table. Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour. Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour.

**Matthew 15:30-31** - And great multitudes came unto him, having with them those that were lame, blind, dumb, maimed, and many others, and cast them down at Jesus' feet; and he healed them: insomuch that the multitude wondered, when they saw the dumb to speak, the maimed to be whole, the lame to walk, and the blind to see: and they glorified the God of Israel.

**Matthew 19:2** - And great multitudes followed him; and he healed them there.

**Matthew 21:14** - And the blind and the lame came to him in the temple; and he healed them.

**Mark 1:34** - And he healed many that were sick of divers diseases, and cast out many devils; and suffered not the devils to speak, because they knew him.

**Mark 2:1-12** - And again he entered into Capernaum after some days; and it was noised that he was in the house. And straightway many were gathered together, insomuch that there was no room to receive them, no, not so much as about the door: and he preached the word unto them. And they come unto him, bringing one sick of the palsy, which was borne of four. And when they could not come nigh unto him for the press, they uncovered the roof where he was: and when they had broken it up, they let down the bed wherein the sick of the palsy lay. When Jesus saw their faith, he said unto the sick of the palsy, Son, thy sins be forgiven thee. But there was certain of the scribes sitting there, and reasoning in their hearts, why doth this man thus speak blasphemies? who can forgive sins but God only? And immediately when Jesus perceived in his spirit that they so reasoned within themselves, he said unto them, Why reason ye these things in your hearts? Whether is it easier to say to the sick of the palsy, Thy sins be forgiven thee; or to say, Arise, and take up thy bed, and walk? But that ye may know that the Son of man hath power on earth to forgive sins, (he saith to the sick of the palsy,) I say unto thee, Arise, and take up thy bed, and go thy way into thine house. And immediately he arose, took up the bed, and went forth before them all; insomuch that they were all amazed, and glorified God, saying, We never saw it on this fashion.

**Mark 3:10** - For he had healed many; insomuch that they pressed upon him for to touch him, as many as had plagues.

**Mark 3:14-15** - And he ordained twelve, that they should be with him, and that he might send them forth to preach, and to have power to heal sicknesses, and to cast out devils:

**Mark 5:22-42** - And, behold, there cometh one of the rulers of the synagogue, Jairus by name; and when he saw him, he fell at his feet, and besought him greatly, saying, My little daughter lieth at the point of death: I pray thee, come and lay thy hands on her, that she may be healed; and she shall live. And Jesus went with him; and much people followed him, and thronged him. And a certain woman, which had an issue of blood

twelve years, and had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse, when she had heard of Jesus, came in the press behind, and touched his garment. For she said, If I may touch but his clothes, I shall be whole. And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague. And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes? And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me? And he looked round about to see her that had done this thing. But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth. And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague. While he yet spake, there came from the ruler of the synagogue's house certain which said, Thy daughter is dead: why troublest thou the Master any further? As soon as Jesus heard the word that was spoken he saith unto the ruler of the synagogue, Be not afraid, only believe. And he suffered no man to follow him, save Peter, and James, and John the brother of James. And he cometh to the house of the ruler of the synagogue, and seeth the tumult, and them that wept and wailed greatly. And when he was come in, he saith unto them, Why make ye this ado, and weep? the damsel is not dead, but sleepeth. And they laughed him to scorn. But when he had put them all out, he taketh the father and the mother of the damsel, and them that were with him, and entereth in where the damsel was lying. And he took the damsel by the hand, and said unto her, Talitha cumi; which is, being interpreted, Damsel, I say unto thee, arise. And straightway the damsel arose, and walked; for she was of the age of twelve years. And they were astonished with a great astonishment.

**Mark 6:13** - And they cast out many devils, and anointed with oil many that were sick, and healed them.

**Mark 10:46-52** - And they came to Jericho: and as he went out of Jericho with his disciples and a great number of people, blind Bartimaeus, the son of Timaeus, sat by the highway side begging. And when he heard that it was Jesus of Nazareth, he began to cry out, and say, Jesus, thou son of David, have mercy on me. And many charged him that he should hold his peace: but he cried the more a great deal, Thou son of David, have mercy on me. And Jesus stood still, and commanded him to be called. And they call the blind man, saying unto him, Be of good comfort, rise; he calleth thee. And he, casting away his garment, rose, and came to Jesus. And Jesus answered and said unto him, What wilt thou that I should do unto thee? The blind man said unto him, Lord, that I might receive my sight. And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.

**Luke 4:18** - The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

**Luke 4:40** - Now when the sun was setting, all they that had any sick with divers diseases brought them unto him; and he laid his hands on every one of them, and healed them.

**Luke 5:15** - But so much the more went there a fame abroad of him: and great multitudes came together to hear, and to be healed by him of their infirmities.

**Luke 6:17-19** - And he came down with them, and stood in the plain, and the company of his disciples, and a great multitude of people out of all Judaea and Jerusalem, and from the sea coast of Tyre and Sidon, which came to hear him, and to be healed of their diseases; And they that were vexed with unclean spirits: and they were healed. And the whole multitude sought to touch him: for there went virtue out of him, and healed them all.

**Luke 7:3-10** - And when he heard of Jesus, he sent unto him the elders of the Jews, beseeching him that he would come and heal his servant. And when they came to Jesus, they besought him instantly, saying, That he was worthy for whom he should do this: For he loveth our nation, and he hath built us a synagogue. Then Jesus went with them. And when he was now not far from the house, the centurion sent friends to him, saying unto him, Lord, trouble not thyself: for I am not worthy that thou shouldst enter under my roof: Wherefore neither thought I myself worthy to come unto thee: but say in a word, and my servant shall be healed. For I also am a man set under authority, having under me soldiers, and I say unto one, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it. When Jesus heard these things, he marvelled at him, and turned him about, and said unto the people that followed him, I say unto you, I have not found so great faith, no, not in Israel. And they that were sent, returning to the house, found the servant whole that had been sick.

**Luke 8:36** - They also which saw it told them by what means he that was possessed of the devils was healed.

**Luke 8:43-47** - And a woman having an issue of blood twelve years, which had spent all her living upon physicians, neither could be healed of any, Came behind him, and

touched the border of his garment: and immediately her issue of blood stanch'd. And Jesus said, Who touch'd me? When all denied, Peter and they that were with him said, Master, the multitude throng thee and press thee, and sayest thou, Who touch'd me? And Jesus said, Somebody hath touch'd me: for I perceive that virtue is gone out of me. And when the woman saw that she was not hid, she came trembling, and falling down before him, she declared unto him before all the people for what cause she had touch'd him, and how she was heal'd immediately. And he said unto her, Daughter, be of good comfort: thy faith hath made thee whole; go in peace.

**Luke 9:2** - And he sent them to preach the kingdom of God, and to heal the sick.

**Luke 9:6** - And they departed, and went through the towns, preaching the gospel, and healing every where.

**Luke 9:11** - And the people, when they knew it, followed him: and he received them, and spake unto them of the kingdom of God, and heal'd them that had need of healing.

**Luke 9:38-42** - And, behold, a man of the company cried out, saying, Master, I beseech thee, look upon my son: for he is mine only child. And, lo, a spirit taketh him, and he suddenly crieth out; and it teareth him that he foameth again, and bruising him hardly departeth from him. And I besought thy disciples to cast him out; and they could not. And Jesus answering said, O faithless and perverse generation, how long shall I be with you, and suffer you? Bring thy son hither. And as he was yet a coming, the devil threw him down, and tare him. And Jesus rebuked the unclean spirit, and heal'd the child, and deliver'd him again to his father.

**Luke 10:9** - And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.

**Luke 17:12-15** - And as he entered into a certain village, there met him ten men that were lepers, which stood afar off: And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was heal'd, turned back, and with a loud voice glorified God,

**Acts 3:1-9** - Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour. And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple; Who seeing Peter and John about to go into the temple asked an alms. And Peter, fastening his eyes upon him with John, said, Look on us. And he gave heed unto them, expecting to receive something of them. Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk. And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength. And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God. And all the people saw him walking and praising God:

**Acts 5:15-16** - Insomuch that they brought forth the sick into the streets, and laid them on beds and couches, that at the least the shadow of Peter passing by might overshadow some of them. There came also a multitude out of the cities round about unto Jerusalem, bringing sick folks, and them which were vexed with unclean spirits: and they were healed every one.

**Acts 8:5-8** - Then Philip went down to the city of Samaria, and preached Christ unto them. And the people with one accord gave heed unto those things which Philip spake, hearing and seeing the miracles which he did. For unclean spirits, crying with loud voice, came out of many that were possessed with them: and many taken with palsies, and that were lame, were healed. And there was great joy in that city.

**Acts 9:33-34** - And there he found a certain man named Aeneas, which had kept his bed eight years, and was sick of the palsy. And Peter said unto him, Aeneas, Jesus Christ maketh thee whole: arise, and make thy bed. And he arose immediately.

**Acts 10:38** - How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

**Acts 14:8-10** - And there sat a certain man at Lystra, impotent in his feet, being a cripple from his mother's womb, who never had walked: The same heard Paul speak: who stedfastly beholding him, and perceiving that he had faith to be healed, Said with a loud voice, Stand upright on thy feet. And he leaped and walked.

**Acts 28:8** - And it came to pass, that the father of Publius lay sick of a fever and of a bloody flux: to whom Paul entered in, and prayed, and laid his hands on him, and healed him.

**1 Corinthians 12:9** - To another faith by the same Spirit; to another the gifts of healing by the same Spirit;

**1 Corinthians 12:28** - And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healings, helps, governments, diversities of tongues.

**James 5:14-16** - Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

**1 Peter 2:24** - Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

**3 John 1:2** - Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

# PRAYERS AND PROCLAMATIONS OF FAITH

*Please understand that these are not formula prayers. Healing is received by faith, not by how many prayers are said or following a specific formula. That being said, some people wonder, "How do I pray?" or "I don't know what to pray."*

*Below are simply ideas and a starting point for you as you pray for yourself or someone else. Declare your prayers and proclamations out loud.*

**Proclamation 1** - HEAVENLY FATHER, thank You for making known to me Your plan of salvation and healing plan. Thank You that Jesus has purchased my freedom and redeemed me from the curse of the law. Thank-you that He bore my sickness and pains and that by His stripes, I am healed. Thank you, Father, that I do not need to bare my sin or sickness, that they were carried and fully paid for by Jesus. I declare in faith that Jesus took upon Himself all of my infirmities and suffered all my pains so that I can be completely free and healed. Father, I come in faith according to Your word, knowing that You always accomplish your word and fulfill Your promise. It is you who said, I am the Lord that heals you. Therefore, I declare in faith and receive the promise of healing for my body now. Thank-you that the very root of my sickness is destroyed and that, according to Jesus' promise, I shall have life. Your life is mine. Your strength and health is mine. I am saved, and I am healed. I shall walk in Your new life and health because You are my life, you are all that I need. You are with me and in me. In Jesus Name.

*Insert your own name or the name of the person you are praying for in the blank line.*

**Proclamation 2** - Jesus took \_\_\_\_\_ infirmities and bore your/my sicknesses so \_\_\_\_\_ have no need to bear them. Therefore, in Jesus name, I refuse to allow sickness to dominate your/my body. The life of God flows within \_\_\_\_\_ bringing healing to every fiber of your/my being.

**Proclamation 3** - The same Spirit that raised Jesus from the dead dwells in \_\_\_\_\_ permeating the life of Christ through \_\_\_\_\_ body, sending healing throughout your/my body in Jesus name.

**Proclamation 4** - We know sickness, disease, physical, emotional, or mental infirmities do not exist in heaven. God, you have commanded us to pray, Your Kingdom come, Your Will be done on earth as it is in heaven. Therefore I speak to the sickness and disease within \_\_\_\_\_ and command that it be subject to the laws and decrees of God and that is – as it does not exist in heaven so it should not and cannot exist in \_\_\_\_\_ body. Health, strength, healing and complete wholeness, as this is part of heaven, come and be manifest in my life, or in the life of \_\_\_\_\_ in Jesus name.

**Proclamation 5** - Jesus came to destroy the works of the devil. I, therefore, command the works of the devil in \_\_\_\_\_ body and life to be destroyed in Jesus name.